The Power that’s Ours has been written to introduce children to the concepts of goal-setting, visualisation, and affirmation.

Continuing the adventures they began in The Magic is Ours, Joel and Jina once again meet Magic who guides them through both fun and testing times. Jina is helped by Magic when she lacks self belief for an upcoming show jumping gymkhana. Joel learns from his sister how to practice setting and scoring goals for an important football match.

The Power that’s Ours is an interactive book with eleven “Fun Time” activities. The book can be read as a story or used as an introductory guide to goal-setting, visualisation, and affirmation. Just as Joel and Jina are taught about setting and achieving their goals – with the emphasis on having fun – the reader is also guided through the process while enjoying the siblings’ adventures.

The Power that’s Ours is a follow up to The Magic that’s Ours which introduced children to the wonders of their imaginations.